



PSYCH-K® Basic Workshop

With Sabrina Kiermaier
and
Heidi Plumberg

“Whether you think you can, or you think you can’t – you’re right.” (Henry Ford)

So dare to develop your potential, because at the end of our life there’s only one question that counts:

“Have I had a healthy, happy, successful and fulfilled life?”

PSYCH-K® Basic Workshop

You will learn how to...

- discover blocks that withhold you from reaching your goals and how to solve them.
- communicate directly with your subconsciousness, to create congruence between your conscious and subconscious mind.
- clearly define goals and how to change subconscious beliefs that are self-limiting and self-sabotaging, within a few minutes.
- phrase beliefs correctly and effectively.
- transform stress and how to find peace in stressful situations.
- transform traumata.
- use the basics of PSYCH-K immediately for yourself and others, privately as well as professionally.

Workshop date:

Saturday 09.01.2016, 10:00 am - 06:00 pm
Sunday 10.01.2016, 09:00 am – 4:30 pm

Venue:

Tartu, Estonia

Amount:

300 €

without board and lodging

Registration:

Contact PSYCH-K instructor
Sabrina Kiermaier

Email: info@sabrina-kiermaier.de

Web: www.sabrina-kiermaier.de/anmeldung

Or workshop sponsor
Heidi Plumberg

Email: heidi.plumberg@gmail.com

We are looking forward to seeing you!